

Self-Catering Holiday Packing List

Documents & Essentials

- ■ Passport and copies of IDs
- ■ Tickets
- ■ Hotel reservations
- ■ Transport reservations
- ■ Itinerary
- ■ Wallet
- ■ Cash
- ■ Driver's licence (if needed)
- ■ Phone charger

Toiletries

- ■ Deodorant
- ■ Makeup
- ■ Shampoo and conditioner
- ■ Soap / shower gel
- ■ Sunscreen
- ■ Hand cream
- ■ Lip balm
- ■ Toothbrush and toothpaste
- ■ Clothes washing detergent
- ■ Hairbrush and hair ties
- ■ Period products (if needed)

Clothing

- ■ Underwear (1 per day + extra)
- ■ Socks (1 per day + extra)
- ■ T-shirts (short & long sleeve)
- ■ Pants
- ■ Sweater
- ■ Jacket
- ■ Shawl wrap
- ■ Gloves / hat (if needed)
- ■ Sandals / flip flops (if needed)
- ■ Closed-toe shoes

First Aid

- ■ Thermometer
- ■ Fever medicine
- ■ Stomach medicine
- ■ Pain relief
- ■ Band-aids
- ■ Anti-itch cream
- ■ Hand sanitizer
- ■ Antiseptic

- ■ Regular medication

Dry Food (No Refrigeration)

- ■ Bread
- ■ Salt
- ■ Pepper
- ■ Spices
- ■ Sugar
- ■ Pasta
- ■ Rice
- ■ Potatoes
- ■ Oil
- ■ Coffee / tea
- ■ Vegetables
- ■ Fruit
- ■ Snacks
- ■ Wine

Cold Food (Cool Bag)

- ■ Milk or substitute
- ■ Dinner for first night
- ■ Butter / margarine
- ■ Cheese
- ■ Ham
- ■ Mayonnaise / ketchup
- ■ Eggs
- ■ Meat for main meals

Kitchen & Cleaning Items

- ■ Paper towels
- ■ Dishwashing liquid
- ■ Sponge
- ■ Tea towel
- ■ Corkscrew
- ■ Garbage bags
- ■ Multi-purpose cleaner
- ■ Ziplock bags
- ■ Food containers
- ■ Reusable shopping bag